Pier 33 Gourmet
Seafood by Camanchaca

Recipes

Fresh Rosemary Langostino Salad

Ingredients

2 x 8 oz. packages of Pier 33 Gourmet Langostino Lobster Tails, thawed
1 red bell pepper, diced
¼ cup finely chopped fresh rosemary
½ tsp. sea salt
½ tsp. red pepper flakes
¼ cup dry white wine
¼ cup white balsamic vinegar

Instructions

1. Combine langostinos, red bell pepper, rosemary, sea salt, red pepper flakes, white wine, and balsamic vinegar, in a large bowl.
2. Toss until langostinos are evenly coated.
3. Cover bowl with plastic wrap and refrigerate until flavors blend, 4 hours to overnight.

Pier 33 Tips

Stock up on a variety of Pier 33 Gourmet Ocean Raised Seafood to always have healthy and delicious meals in minutes.

Cooking Time
5 mins

Portions
4 Servings

Nutritional Values

Amount Per Serving

Calories	109
Fat	0gr
Carbs	7gr
Sugar	5gr
Proteins	22gr